

# TORRIDGE DISTRICT COUNCIL SUMMER CULTURE AND LEISURE PROGRAMME 2010

26 JULY – 27 AUGUST



**Featured:** Pictures from a range of Activities held by Torrridge District Council Sport and Leisure.

## LOADS OF NEW ACTIVITIES TO TRY OUT!!!

TO PROMOTE YOUR ORGANISATION, CLUB OR  
PLAY INITIATIVE WITHIN THE PROGRAMME  
PLEASE CALL 01237 428737



[www.torrridge.gov.uk/sport](http://www.torrridge.gov.uk/sport)

# WELCOME

Welcome to the 2010 Torrridge Culture and Leisure Holiday Summer Programme!

Its packed full of fantastic opportunities and experiences for the youth of Torrridge to enjoy over the summer months whether you're into archery, badminton, sailing or swimming its all in here for you!

There are many advantages to the programme including the Don't Stop Me Now cards and working family tax credit incentives where you could get 9 FULL DAYS OF ACTIVITIES FOR UNDER £25.00, CHECK OUT PAGES 7&8 FOR MORE DETAILS.

We want everyone to have a chance at taking part in Culture sport and leisure. Visit our website [www.torr-ridge.gov.uk/sport](http://www.torr-ridge.gov.uk/sport) to find out about sports clubs, groups and organisations in the Torrridge area!

Don't forget our Sports coaches are still secretly working undercover to find those participants that excel within their programme. A special presentation evening will be held early in the new year to celebrate the successful achievers! Good Luck!

*"We are committed to the youth of the district for their health, leisure and sporting activities and enjoyment - making Torrridge a great place to live, work and play. This commitment has resulted in this extensive summer programme for youngsters aged three to 16 throughout the district.*

*No matter your location, ability or interests there will be something for you to enjoy - whether it be for the more energetic like trampolining, or in the pool, or for the artistic with pottery and graffiti workshops. You could even try something completely different and perhaps discover a hidden talent. I would encourage everybody to make use of this excellent programme".*

Councilor Rose Lock – Lead Member of Health and Leisure

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**Tel: 01237 474663**

[www.northdevonsurfschool.co.uk](http://www.northdevonsurfschool.co.uk)

Offering you surf lessons morning and afternoon, 7 days a week at the beach in Westward Ho!

Our lessons start from £28.00 for 2 hours and we also offer discounts if your want to book a course with us. Looking forward to see you - please give us a call.

Minimum age 8 to join a course, but under 8's can have a private lesson (call us to discuss)

# TORRIDGE SPORTS - 01237 428737

COURSE	AGE	DATE/TIME	VENUE	COST	COACH	CODE
Athletics	3-4	26 and 27 July 9.30am- 10.30am	Moreton Park Playing Fields	£6.00	Neil Paddon	S10A1
Athletics	5-7	26 and 27 July 10.45am -12.45pm	Moreton Park Playing Fields	£12.00	Neil Paddon	S10A2
Archery	9 - 16	7 August 10:00am – 12:30pm	Littleham Archery Fields	£9.00	Kenwith Archers	S10ARC1
Archery	9 – 16	7August 1:30pm – 4:00pm	Littleham Archery Fields	£9.00	Kenwith Archers	S10ARC2
Archery	9 – 16	8 August 10:00am – 12:30pm	Littleham Archery Fields	£9.00	Kenwith Archers	S10ARC3
Archery	9 – 16	8 August 1:30pm – 4:00pm	Littleham Archery Fields	£9.00	Kenwith Archers	S10ARC4
Archery	9 - 16	9 August 10:00am – 12:30pm	Littleham Archery Fields	£9.00	Kenwith Archers	S10ARC5
Archery	9 – 16	9 August 1:30pm – 4:00pm	Littleham Archery Fields	£9.00	Kenwith Archers	S10ARC6
Badminton	7-16	2 and 3 August 9:00am – 12:00pm	Kingsleigh School Sports Hall	£11.25	Sue Furniss	S10B
NEW Bikeability	School year 5/6/7/8	27 July 9.30 am - 4.30 pm	Westward Ho! Public Tennis Courts	£5.00	Eric & Dawn van der Horst	S10BIKE1
NEW Bikeability	School year 5/6/7/8	3 August 9.30 am - 4.30 pm	Westward Ho! Public Tennis Courts	£5.00	Eric & Dawn van der Horst	S10BIKE2
NEW Bikeability	School year 5/6/7/8	10 August 9.30 am - 4.30 pm	Westward Ho! Public Tennis Courts	£5.00	Eric & Dawn van der Horst	S10BIKE3
Bellydance & Fitness fun *	7-11	26 July 10:30am – 12:00pm	Elizabethan Club Westward Ho!	£6.50	Linda Hull	S10BD1
Bellydance & Fitness fun *	12-16	26 July 12:30pm – 2:00pm	Elizabethan Club Westward Ho!	£6.50	Linda Hull	S10BD2
Bellydance & Fitness fun *	7-11	3 August 10:30am – 12:00pm	Elizabethan Club Westward Ho!	£6.50	Linda Hull	S10BD3
Bellydance & Fitness fun *	12-16	3 August 12:30pm – 2:00pm	Elizabethan Club Westward Ho!	£6.50	Linda Hull	S10BD4
Battlefield Live combat Games	8 – 16	July 29 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF1
Battlefield Live combat Games	8 – 16	July 30 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF2
Battlefield Live combat Games	8 – 16	August 5 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF3
Battlefield Live combat Games	8 – 16	August 6 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF4
Battlefield Live combat Games	8 – 16	August 12 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF5
Battlefield Live combat Games	8 – 16	August 13 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF6
Battlefield Live combat Games	8 – 16	August 19 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF7
Battlefield Live combat Games	8 – 16	August 20 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF8
Battlefield Live combat Games	8 – 16	August 26 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF9
Battlefield Live combat Games	8 – 16	August 27 10:00am – 12:30pm	The Big Sheep, Bideford	£15.00	Paul Diamond	S10BF10
Brazilian Soccer Session	5 - 8	16 – 18 August 10:00am – 12:00pm	Gt.Torrington Sports Hall	£24.00	Daniel Bell	S10BS1
Brazilian Soccer Session	9 - 12	16 – 18 August 1:00pm – 3:00pm	Gt.Torrington Sports Hall	£24.00	Daniel Bell	S10BS2

# TORRIDGE SPORTS - 01237 428737

COURSE	AGE	DATE/TIME	VENUE	COST	COACH	CODE
Forest Schools	7 - 11	28 July 10:00am - 4:00pm	Jennetts Cottage, near Bowden Green Bideford	£18.00	Louise Rands Silva	S10FS1
Forest Schools	7 - 11	29 July 10:00am - 4:00pm	Jennetts Cottage, near Bowden Green Bideford	£18.00	Louise Rands Silva	S10FS2
Football "Tiny Tots"	3-4	2 - 6 August 9:15am - 10:15am	Sandymere Sports Complex	£15.00	Ali Bright	S10TT1
Football "Tiny Tots"	3-4	2 - 6 August 10:30am - 11:30am	Sandymere Sports Complex	£15.00	Ali Bright	S10TT2
<b>NEW</b> Football	5-6	2 - 6 August 12:00am - 1:00pm	Sandymere Sports Complex	£15.00	Ali Bright	S10F1
High Ropes/Climbing	10+	26 July 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10HR1
High Ropes/Climbing	10+	2 August 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10HR2
High Ropes/Climbing	10+	9 August 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10HR3
High Ropes/Climbing	10+	16 August 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10HR4
High Ropes/Climbing	10+	23 August 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10HR4
Mountain Boarding	10+	26 July 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10MB1
Mountain Boarding	10+	2 August 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10 MB2
Mountain Boarding	10+	9 August 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10 MB3
Mountain Boarding	10+	16 August 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10 MB4
Mountain Boarding	10+	23 August 10:00am - 12:00pm	The Ultimate High, Abbotsham	£15.00	Russell Johns	S10MB5
<b>NEW</b> The Edge Performing Arts Workshops "Little Big Steps" **	2.5 - 4	16 August 9:00am - 10:00am	Appledore Primary school	£3.00	Kelly Hadden	S10P1
<b>NEW</b> The Edge Performing Arts Workshops ***	5-7	16 August 10:00am - 11:30am	Appledore Primary school	£4.50	Kelly Hadden	S10P2
<b>NEW</b> The Edge Performing Arts Workshops ***	2.5 - 4	17 August 9:00am - 10:00am	Appledore Primary school	£3.00	Kelly Hadden	S10P3
<b>NEW</b> The Edge Performing Arts Workshops ***	5-7	17 August 10:00am - 11:30am	Appledore Primary school	£4.50	Kelly Hadden	S10P4
<b>NEW</b> Performing Arts Theatre Fun Week ****	8-16	23 - 27 August 10:00am - 4:30pm	Westcroft Junior School	£43.00 Whole Week	Kelly Hadden	S10P5
Roadford Lake Multi-Activity Day *****	8-16	26 July 9:30am - 4:00pm	Roadford Lake Broadwoodwidge	£25.00	South West Lakes Ltd	Please cal 01409 211507 to book
Roadford Lake Multi-Activity Day *****	8-16	4 August 9:30am - 4:00pm	Roadford Lake Broadwoodwidge	£25.00	South West Lakes Ltd	Please cal 01409 211507 to book
Roadford Lake Multi-Activity Day *****	8-16	24 August 9:30am - 4:00pm	Roadford Lake Broadwoodwidge	£25.00	South West Lakes Ltd	Please cal 01409 211507 to book

# TORRIDGE SPORTS - 01237 428737

COURSE	AGE	DATE/TIME	VENUE	COST	COACH	CODE
Trampolining	5-16	27 and 28 July 9:15am – 11:15am	Kingsleigh School Sports Hall	£13.50	Sue Furniss	S10TR1
Trampolining	5-16	27 and 28 July 11:30am – 1:30pm	Kingsleigh School Sports Hall	£13.50	Sue Furniss	S10TR2
Trampolining	5-16	10 and 11 August 9:15am – 11:15am	Kingsleigh School Sports Hall	£13.50	Sue Furniss	S10TR3
Trampolining	5-16	10 and 11 August 11:30am – 1:30pm	Kingsleigh School Sports Hall	£13.50	Sue Furniss	S10TR4
Trampolining	5-16	17 and 18 August 9:15am – 11:15am	Kingsleigh School Sports Hall	£13.50	Sue Furniss	S10TR5
Trampolining	5-16	17 and 18 August 11:30am – 1:30pm	Kingsleigh School Sports Hall	£13.50	Sue Furniss	S10TR6
Trampolining	5-16	24 and 25 August 9:15am – 11:15am	Kingsleigh School Sports Hall	£13.50	Sue Furniss	S10TR7
Trampolining	5-16	24 and 25 August 11:30am – 1:30pm	Kingsleigh School Sports Hall	£13.50	Sue Furniss	S10TR8
Trampolining	5-16	26 and 27 July 9:15am – 11:15am	Gt. Torrington Sports Hall	£18.00	Lisa Cordery	S10TR9
Trampolining	5-16	26 and 27 July 11:30am – 1:30pm	Gt. Torrington Sports Hall	£18.00	Lisa Cordery	S10TR10
Trampolining	5-16	2 and 3 August 9:15am – 11:15am	Gt. Torrington Sports Hall	£18.00	Lisa Cordery	S10TR11
Trampolining	5-16	2 and 3 August 11:30am – 1:30pm	Gt. Torrington Sports Hall	£18.00	Lisa Cordery	S10TR12
Trampolining	5-16	23 and 24 August 9:15am – 11:15am	Gt. Torrington Sports Hall	£18.00	Lisa Cordery	S10TR13
Trampolining	5-16	23 and 24 August 11:30am – 1:30pm	Gt. Torrington Sports Hall	£18.00	Lisa Cordery	S10TR14

\* *Belly Dancing - Giggle while you wiggle! Have fun learning a choreographed Bellydance routine and some basic moves to make up your own. You may wish to perform the routine for friends and family towards the end of the session, but this is not compulsory. Wear comfortable clothes, (it's not necessary to show your belly). Hip scarves and veils can be provided.*

\*\* *Performing Arts "Little Big Steps" - Introductory performing arts classes for rising 3's to 4 years. Parents are encouraged to stay and join in or stay close by. Tea and coffee will be available.*

\*\*\* *Performing Arts - Fun! Classes in the performing arts including: Dance, drama and singing.*

\*\*\*\* *Theatre Fun Week - A Fun packed whole week programme of performing and theatre arts, including: Dance, drama, singing, stagecraft, + lots more and the week will end with a performance to showcase the weeks efforts.*

\*\*\*\*\* *Participants must be able to swim 50m*



For all your art and crafty needs contact the Burton Art Gallery  
on 01237 471455 to see whats on offer this Summer!

# SUMMER ACTIVITIES SUPPORTED BY THE BIDEFORD LEARNING COMMUNITY

## Summer Cricket Camp

*organised by the Bideford, Littleham & Westward Ho! Cricket Club*

Tuesday 20th July for 5 weeks – Tuesday / Wednesday / Thursday, 9.30am to 12.30pm each day.

A week's camp at Westward Ho! costs just £18 (£15 for club members) per week. Don't Stop Me Now members can use their card. Register with Andy Davies - 01271 343904.

## Summer Tennis Camp

*organised by Woolsery Tennis @ Woolsery Community Hall*

Starting August 9th - 13th, 10.00am - 11.00am for 5-7 year olds, 11.00am - 12.00pm for 8-10 year olds and 12.00pm - 1.00pm for 11-16 year olds. For more details and a booking form, please contact Claire Harding on 07789 777564 or 01237 431721.

## Summer Family Activities

*Organised by Bideford Learning Community – Parent Support*

Monday 2nd August – Morwenna Coffee Morning; Wednesday 4th August – Victoria Park Picnic; Thursday 5th August – Dance in Appledore; Wednesday 11th August – Arts @ Bideford Arts Centre; Thursday 17th August – Tarka Trail; Wednesday 18th August – Forestry Collage @ Bideford Arts College; Friday 20th August – Beach Volleyball. This FREE activity programme is organised by Rachel Norman, Parent Support Adviser – Call 01237 420945 or 07540 672365 for details and bookings.

## Parent and Child Play

*Organised by Bideford Bay Children's Centre with CASP and Bideford Learning Community Parent Support.*

Thursday 29th July at Welcome Village Hall at 10.00am; Wednesday 18th August at Hartland Primary School at 1.00pm; Thursday 12th August at 2.00pm - 4.00pm and 13th August at 10.00am at Woolsery Community Hall. Call Pat at BBCC on 01237 425752 or Emily in the Parent Support Team on 07540 674136 for further details.

## Don't Stop Me Now Activity Card

If you live in Torridge or North Devon, are aged between 5-18 years and have free school meals or if you are a child in care then this is for YOU. Please ask your school reception for an application form and start using your activity card this summer! You have up to £300 to spend on a whole range of activities, including every activity in this brochure because Torridge District Council have signed up as a provider! Get your card NOW – before the end of term!

## 25% Price Cut!

Bideford Learning Community have financially supported the following courses in this brochure: **Football, Badminton & Trampolining** – to reduce the cost for greater participation – so please book and support the Torridge District Council's Sports Development department in their efforts to provide you with another excellent summer of activity.

THE ACTIVITIES ON PAGES 7, 8 & 9 ARE OFSTED REGISTERED ACTIVITIES

Families who are eligible for the Childcare element of the Working Families Tax Credit may now be able to claim up to 80% of the cost of the course back. For more information and to see whether you are eligible please contact The Working Families Tax Credit helpline on 0845 300 3900 or [www.inlandrevenue.gov.uk/taxcredits](http://www.inlandrevenue.gov.uk/taxcredits). You can also get some Inland Revenue leaflets direct from them, order line: 0845 9000 404.

## HOLSWORTHY LEISURE CENTRE & SECONDARY SCHOOL - 01237 428737

26th July	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				SHHD1
9:00am – 11:00am	Trampolining	8 – 16	£12.00	SHA1	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Football	8 – 16	FREE	SHA2	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim and/or rollerskating	8 – 16	£6.00	SHA3	
27th July	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				SHHD2
9:00am – 11:00am	Trampolining	8 – 16	£12.00	SHA4	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Basketball	8 – 16	FREE	SHA5	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim and/or rollerskating	8 – 16	£6.00	SHA6	
28th July	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				SHHD3
9:00am – 11:00am	Trampolining	8 – 16	£12.00	SHA7	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Cricket	8 – 16	FREE	SHA8	
1:30pm – 2:30pm	Lunch & Games				All 3 Days
2:30pm – 4:30pm	Swim and/or rollerskating	8 – 16	£6.00	SHA9	SHW1 - £45.00
2nd August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				SHHD4
9:00am – 11:00am	Trampolining	8 – 16	£12.00	SHA10	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Den Building	8 – 16	FREE	SHA11	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim and/or rollerskating	8 – 16	£6.00	SHA12	
3rd August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				SHHD5
9:00am – 11:00am	Trampolining	8 – 16	£12.00	SHA13	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Drama Workshop	8 – 16	FREE	SHA14	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim and/or rollerskating	8 – 16	£6.00	SHA15	
4th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				SHHD6
9:00am – 11:00am	Trampolining	8 – 16	£12.00	SHA16	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Healthy Living Cookery	8 – 16	FREE	SHA17	
1:30pm – 2:30pm	Lunch & Games				All 3 Days
2:30pm – 4:30pm	Swim and/or rollerskating	8 – 16	£6.00	SHA18	SHW2 - £45.00

## HOLSWORTHY LEISURE CENTRE & SECONDARY SCHOOL - 01237 428737

9th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				SHHD7
9:00am – 11:00am	Trampolineing	8 – 16	£12.00	SHA19	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Drama Workshop	8 – 16	FREE	SHA20	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim and/or rollerskating	8 – 16	£6.00	SHA21	
10th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				SHHD8
9:00am – 11:00am	Trampolineing	8 – 16	£12.00	SHA22	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Den Building	8 – 16	FREE	SHA23	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim and/or rollerskating	8 – 16	£6.00	SHA24	
11th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				SHHD9
9:00am – 11:00am	Trampolineing	8 – 16	£12.00	SHA25	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Healthy Living Cookery	8 – 16	FREE	SHA26	
1:30pm – 2:30pm	Lunch & Games				All 3 Days
2:30pm – 4:30pm	Swim and/or rollerskating	8 – 16	£6.00	SHA27	SHW3 - £45.00

ALL 9 DAYS ALL 3 WEEKS – SH-ALL - £120

\*Please note SHA2, 5, 8, 11, 14, 17, 20, 23 & 26 are only free when booked in conjunction with another activity on this page

## TORRINGTON LEISURE CENTRE - 01805 623085 TORRINGTONPOOL@PARKWOOD.LEISURE.CO.UK

9th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				ST1
9:00am – 11:00am	Football	8 – 16	£8.00	STA1	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Multi Skills	8 – 16	£4.00	STA2	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim Fun	8 – 16	£6.00	STA3	
10th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				ST2
9:00am – 11:00am	Football	8 – 16	£8.00	STA4	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Multi Skills	8 – 16	£4.00	STA5	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim Fun	8 – 16	£6.00	STA6	
11th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				ST3
9:00am – 11:00am	Football	8 – 16	£8.00	STA7	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Multi Skills	8 – 16	£4.00	STA8	
1:30pm – 2:30pm	Lunch & Games				All 3 Days
2:30pm – 4:30pm	Swim Fun	8 – 16	£6.00	STA9	STW1 - £45.00



# TORRINGTON LEISURE CENTRE - 01805 623085

TORRINGTONPOOL@PARKWOOD.LEISURE.CO.UK

16th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				ST4
9:00am – 11:00am	Football	8 – 16	£8.00	STA10	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Multi Skills	8 – 16	£4.00	STA11	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim Fun	8 – 16	£6.00	STA12	
17th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				ST5
9:00am – 11:00am	Football	8 – 16	£8.00	STA13	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Multi Skills	8 – 16	£4.00	STA14	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim Fun	8 – 16	£6.00	STA15	
18th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				ST6
9:00am – 11:00am	Football	8 – 16	£8.00	STA16	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Multi Skills	8 – 16	£4.00	STA17	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim Fun	8 – 16	£6.00	STA18	All 3 Days STW2 - £45.00
23rd August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				ST7
9:00am – 11:00am	Football	8 – 16	£8.00	STA19	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Multi Skills	8 – 16	£4.00	STA20	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim Fun	8 – 16	£6.00	STA21	
24th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				ST8
9:00am – 11:00am	Football	8 – 16	£8.00	STA22	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Multi Skills	8 – 16	£4.00	STA23	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim Fun	8 – 16	£6.00	STA24	
25th August	ACTIVITY	AGE	COST	CODE	ALL DAY CODE
8:30am – 9:00am	Registration				ST9
9:00am – 11:00am	Football	8 – 16	£8.00	STA25	£16.00
11:00am – 11:30am	Break				
11:30am – 1:30pm	Multi Skills	8 – 16	£4.00	STA26	
1:30pm – 2:30pm	Lunch & Games				
2:30pm – 4:30pm	Swim Fun	8 – 16	£6.00	STA27	All 3 Days STW3 - £45.00

ALL 9 DAYS ALL 3 WEEKS – ST-ALL - £120

# PARKWOOD - HOLSWORTHY LEISURE CENTRE

## 01409 254013

Day	Time	Activity	Price	Age	Code
Mon 26 July	10am – 12pm & 12pm - 1pm	Wall Bars& Swim	£5.85	8+	H1
Tues 27July	10am – 12pm & 12pm - 1pm	Ball Games & Roller Skating	£5.85	8+	H2
Weds 28 July	10am – 12pm & 12pm - 1pm	Netball & Swim	£5.85	8+	H3
Thurs 29 July	10am – 12pm & 12pm - 1pm	Badminton & Swim	£5.85	8+	H4
Fri 30 July	10am – 12pm & 12pm - 1pm	Learn to roller Skate & Swim	£5.85	8+	H5
Mon 2Aug	10am – 12pm & 12pm - 1pm	Junior Gym & Swim	£9.50	8+	H6
Tues 3 Aug	10am – 12pm & 12pm - 1pm	Multi-Sports & Roller Skating	£5.85	8+	H7
Wed 4 Aug	10 30am – 11.30am & 12pm - 1pm	Diving Flip & Fun (must be able to swim 50m & be confident in the deep end) & Roller Skating	£5.85	8+	H8
Thurs 5Aug	10am – 12pm & 12pm - 1pm	Badminton & Swim	£5.85	8+	H9
Fri 6 Aug	10am – 12pm & 12pm - 1pm	Wall bars & Swim	£5.85	8+	H10
Mon 9 - Fri 13 Aug	3.30pm – 4pm	Learn to swim For beginners	£18.00	4+	H11
Mon 9 Aug	10am – 12pm & 12pm - 1pm	Mystery Day & Swim	£5.85	8+	H12
Tues 10 Aug	10am – 12pm & 12pm - 1pm	Badminton & Roller Skating	£5.85	8+	H13
Weds 11 Aug	10am – 12pm & 12pm - 1pm	Multi-Sport & Swim	£5.85	8+	H14
Thurs 12 Aug	10am – 12pm & 12pm - 1pm	Wall Bars & Swim	£5.85	8+	H15
Fri 13 Aug	10am – 12pm & 12pm -1pm	Ball Games & Swim	£5.85	8+	H16
Mon 16 - Fri 20 Aug	3.30pm - 4pm	Stroke Clinic Improve your style	£18.00	8+ 50m+	H17
Mon 16 Aug	10am – 12pm & 12pm - 1pm	Junior Gym & Swim	£9.50	8+	H18
Tues 17Aug	10am – 12.15pm & 12 .30pm - 1pm	Learn to roller Skate & Swim	£5.85	8+	H19
Weds 18 Aug	10am – 12pm & 12pm - 1pm	Netball & Swim	£5.85	8+	H20
Thurs 19 Aug	10am – 12pm & 12pm - 1pm	Badminton & Swim	£5.85	8+	H21
Fri 20 Aug	10am – 12pm & 12pm - 1pm	Team Games & Swim	£5.85	8+	H22
Mon 23 Aug	10am – 12pm & 12pm - 1pm	Olympic Games	£5.85	8+	H23
Tues 24Aug	10am – 12pm & 12pm - 1pm	Badminton & Roller Skating	£5.85	8+	H24
Wed 25 Aug	10am - 12pm	Distance Swim (Distance up to1500m)	£5.85	8+	H25
Thurs 26 Aug	10am – 12pm & 12pm - 1pm	Multi-Sport & Swim	£5.85	8+	H26
Fri 27 Aug	10am – 12pm & 12pm - 1pm	Mystery Day & Swim	£5.85	8+	H27
Tues 31 Aug	10am – 12.15pm & 12 .30pm - 1pm	Wall Bars & Swim	£5.85	8+	H28
Wed 1 Sept	10 30am – 11.30am & 12pm - 1pm	Diving Flip & Fun (must be able to swim 50m & be confident in the deep end) & Roller Skating	£5.85	8+	H29

Monday to Saturday, 2.00 - 3.30 pm – Roller Skating £2.85 to hire £2.40 own skates

Monday to Friday, 2.00 - 3.30 pm – Fun Swim £1.20 per Child £2.15 per Adult

# PARKWOOD – TORRIDGE POOL LEISURE CENTRE

## 01237 471794

Activity	Time	Dates	Course	Age	Price	Code
Swimming Crash Course	8.30am	2nd – 6th August	50m/100m Improver Swim Lessons	5+	£17.50	T1
	9.00am		Diving/Speed Swimming/Lifeguard skills	5+	£17.50	T2
	9.30am		Learn to Swim – Beginners 5 yrs	5+	£17.50	T3
	10.00am		Learn to Swim – Beginners 3/4 yrs	3/4yrs	£17.50	T4
Swimming Crash Course	8.30am	9th – 13th August	100m/200m Improver Swim Lessons	5+	£17.50	T5
	9.00am		5m/10m Improver Swim Lessons	5+	£17.50	T6
	9.30am		Learn to Swim – Beginners 5 yrs	5+	£17.50	T7
	10.00am		Learn to Swim – Beginners 3/4 yrs	3/4yrs	£17.50	T8
Swimming Crash Course	8.30am	16th – 20th August	Challenge Awards (400m+ ability)	5+	£17.50	T9
	9.00am		Diving/Speed Swimming/Lifeguard skills	5+	£17.50	T10
	9.30am		Learn to Swim – Beginners 5 yrs	5+	£17.50	T11
	10.00am		Learn to Swim – Beginners 3/4 yrs	3/4yrs	£17.50	T12
Swimming Crash Course	8.30am	23rd – 27th August	Challenge Awards (400m+ ability)	5+	£17.50	T13
	9.00am		10m/25m Improver Swim Lessons	5+	£17.50	T14
	9.30am		Learn to Swim – Beginners 5 yrs	5+	£17.50	T15
	10.00am		Parent & Toddlers 5 day course	6 months	£17.50	T16
Gym	12.30-2.45pm	Weds 4th August	Junior Gym followed by Fun Hour in the pool	8-15yrs	£4.75	T17
Gym	12.30-2.45pm	Weds 11th August	Junior Gym followed by Fun Hour in the pool	8-15yrs	£4.75	T18
Gym	12.30-2.45pm	Weds 18th August	Junior Gym followed by Fun Hour in the pool	8-15yrs	£4.75	T19
Gym	12.30-2.45pm	Weds 25th August	Junior Gym followed by Fun Hour in the pool	8-15yrs	£4.75	T20
Gym	12.30-2.45pm	Thurs 5th August	Junior Gym followed by Fun Hour in the pool	8-15yrs	£4.75	T21
Gym	12.30-2.45pm	Thurs 12th August	Junior Gym followed by Fun Hour in the pool	8-15yrs	£4.75	T22
Gym	12.30-2.45pm	Thurs 19th August	Junior Gym followed by Fun Hour in the pool	8-15yrs	£4.75	T23
Gym	12.30-2.45pm	Thurs 26th August	Junior Gym followed by Fun Hour in the pool	8-15yrs	£4.75	T24
JUNIOR WATER AEROBICS	10.00 – 12.00	Fri 6th August	Junior Water Aerobics followed by an hours swim in the pool	8-15yrs	£4.75	T25
JUNIOR WATER AEROBICS	10.00 – 12.00	Fri 13th August	Junior Water Aerobics followed by an hours swim in the pool	8-15yrs	£4.75	T25
JUNIOR WATER AEROBICS	10.00 – 12.00	Fri 20th August	Junior Water Aerobics followed by an hours swim in the pool	8-15yrs	£4.75	T25
JUNIOR WATER AEROBICS	10.00 – 12.00	Fri 27th August	Junior Water Aerobics followed by an hours swim in the pool	8-15yrs	£4.75	T25

Every day have fun at Torridge Pool in our Fun session play on the Inflatable, mats , toys, and floats

**Monday to Saturday 1.45pm-2.45pm Sunday (Children under 8 must be accompanied by a responsible adult or parent.)**

# PARKWOOD – TORRINGTON POOL - 01805 623085

email: [torringtonpool@parkwood-leisure.co.uk](mailto:torringtonpool@parkwood-leisure.co.uk)

## Week 1 26th July - 30th July

**Fun Sessions Monday - Saturday 14.00-15.00**

TP001	National Pool Lifeguard Qualification Unit 1 & Unit 2 Monday - Friday	8.30-17.30	£250.00	Nic
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must be 16years old must be able to swim at least 50m Torrington sports Hall / Swimming Pool

TP013	Rookie Lifeguard Tuesday	11.30-13.30	£9.95	Tod
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## Week 2 2nd August-6th August

**Fun Sessions Monday - Saturday 14.00-15.00**

TP002	Come & Try Snorkelling Tuesday & Wednesday	15.15-16.30	£13.75	Dave
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Must be 8years old must be able to swim 50m on front and back comfortable

TP003	Distance Day 5m-5000m Tuesday	10.00-12.30	£2.00	
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## Week 3 9th August- 13th August

**Fun Sessions Monday - Saturday 14.00-15.00**

TP004	BSAC Basic Snorkel Diver Tuesday -Friday	15.15-16.45	£24.95	Dave
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Must be 8years old must be able to swim 50m on front and back comfortable

TP014	Rookie Lifeguard Tuesday	11.30-13.30	£9.95	Tod
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## Crash swimming course

TP005	under 5 beginners	11.30-12.00	£18.00	Sue
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TP006	Beginners over 5	12.00-12.30	£18.00	Sue
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TP007	5-10m	12.30-13.00	£18.00	Sue
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TP008	25m improvers	13.00-13.30	£18.00	Sue
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## Week 4 16th August -20th August

**Fun Sessions Monday - Saturday 14.00-15.00**

TP009	Rookie Lifeguard Tuesday	11.30-13.30	£9.95	Tod
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## Week 5 23rd August-27th August

**Fun Sessions Monday - Saturday 14.00-15.00**

## Crash swimming course

TP010	Beginners	9.00-9.30	£18.00	Sue
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TP011	10-25m improvers	9.30-10.00	£18.00	Sue
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TP012	Distance Day 5m-5000m Tuesday	10.00-12.30	£2.00	
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# GT. TORRINGTON SPORTS COLLEGE

01805 623531

DATE	ACTIVITY	AGE	TIME	PRICE	CODE	INSTRUCTOR	MEETING PLACE	OTHER INFORMATION
26th July	Bikeability (Cycling road safety training)		9.00am-3.30pm	£5.00 (for whole course!)	B1	Ian Jewell	GTS Reception	Bikes and helmets are provided! Day 1 & 2 must be completed to gain certification!
26th July	Street Dance	8-11	10.00am-11.30am	£3.00	SD 1	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!
26th July	Street Dance	12-16	12.30pm-2.30pm	£3.00	SD 2	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!
27th July	Bikeability (Cycling road safety training)		9.00am-3.30pm	£5.00 (for whole course!)	B2	Ian Jewell	GTS Reception	Bikes and helmets are provided! Day 1 & 2 must be completed to gain certification!
27th July	Film & Animation	8-14	10.00am-12.00pm	£4.00	FA 1	Mat Biggs	Please enter via Hatchmoor Road car park	Only 12 places available
27th July	Film & Animation	8-14	1.00pm-3.00pm	£4.00	FA 2	Mat Biggs	Please enter via Hatchmoor Road car park	Only 12 places available
28th July	Tennis	8-11	10.00am-11.30am	£3.00	T 1	Janine Hearn	GTS Courts	
28th July	Tennis	12-16	12.30pm-2.00pm	£3.00	T 2	Janine Hearn	GTS Courts	
28th July	Pottery	8-12	10.30am-12.30pm	£5.00	POTT 1	Jax Williams	GTS - Please enter via Hatchmoor Road car park	
28th July	Surfing at Westward Ho!		1.15pm-4.45pm	£5.00	Surf 1	North Devon Surf School	GTS Reception	Surf boards, wetsuits & transport will be provided. 16 places available
29th July	Film & Animation	8-14	10.00am-12.00pm	£4.00	FA 3	Mat Biggs	Please enter via Hatchmoor Road car park	Only 12 places available
29th July	Film & Animation	8-14	1.00pm-3.00pm	£4.00	FA 4	Mat Biggs	Please enter via Hatchmoor Road car park	Only 12 places available
29th July	Golf Coaching	8-14	3.00pm-5.00pm	£5.00	G 1	Torrington Golf Club	Torrington Golf Club	Clubs & balls provided although welcome to bring your own
29th July	Beginners Fencing	8-12	9.30am-11.00am	£3.50	FEN 1	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	Only 16 places available
29th July	Intermediate Fencing	8-12	12.00pm-1.30pm	£3.50	FEN 2	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	For those that have already fenced with us before. Only 16 places available
30th July	Beginners Trampoline	8-12	9.30am-11.00am	£3.00	Tramp 1	Hazel Golds	Torrington Sports Hall	Only 12 places available
30th July	Trampoline	8-12	11.30am-1.00pm	£3.00	Tramp 2	Hazel Golds	Torrington Sports Hall	Only 12 places available
2nd August	All day drama workshop!	8-12	9.00am-3.00pm	£10.00	DW 1	Rob Pudner	GTS - Please enter via Hatchmoor Road car park	
2nd August	Golf Coaching	8-14	3.00pm-5.00pm	£5.00	G2	Torrington Golf Club	Torrington Golf Club	Clubs & balls provided although welcome to bring your own

# GT. TORRINGTON SPORTS COLLEGE

## 01805 623531

DATE	ACTIVITY	AGE	TIME	PRICE	CODE	INSTRUCTOR	MEETING PLACE	OTHER INFORMATION
3rd August	Film & Animation	8-14	10.00am-12.00pm	£4.00	FA 5	Mat Biggs	Please enter via Hatchmoor Road car park	Film & Animation
3rd August	Film & Animation	8-14	1.00pm-3.00pm	£4.00	FA 6	Mat Biggs	Please enter via Hatchmoor Road car park	Film & Animation
3rd August	Street Dance	8-11	10.00am-11.30am	£3.00	SD 3	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!
3rd August	Street Dance	12-16	12.30pm-2.30pm	£3.00	SD 4	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!
4th August	Tennis	8-11	10.00am-11.30am	£3.00	T 3	Janine Hearn	GTS Courts	
4th August	Tennis	12-16	12.30pm-2.00pm	£3.00	T 4	Janine Hearn	GTS Courts	
4th August	Surfing at Westward Ho!		1.15pm-4.45pm	£5.00	Surf 2	North Devon Surf School	GTS Reception	Surf boards, wetsuits & transport will be provided. 16 places available
4th August	Pottery	8-12	10.30am-12.30pm	£5.00	POTT 2	Jax Williams	GTS - Please enter via Hatchmoor Road car park	
5th August	Film & Animation	8-14	10.00am-12.00pm	£4.00	FA 7	Mat Biggs	Please enter via Hatchmoor Road car park	Film & Animation
5th August	Film & Animation	8-14	1.00pm-3.00pm	£4.00	FA 8	Mat Biggs	Please enter via Hatchmoor Road car park	Film & Animation
5th August	Beginners Fencing	8-12	9.30am-11.00am	£3.50	FEN 3	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	Only 16 places available
5th August	Intermediate Fencing	8-12	12.00pm-1.30pm	£3.50	FEN 4	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	For those that have already fenced with us before. Only 16 places available
6th August	Beginners Trampolining	8-12	9.30am-11.00am	£3.00	Tramp 3	Hazel Golds	Torrington Sports Hall	Only 12 places available
6th August	Trampolining	8-12	11.30am-1.00pm	£3.00	Tramp 4	Hazel Golds	Torrington Sports Hall	Only 12 places available
9th August	Golf Coaching	8-14	3.00pm-5.00pm	£5.00	G 3	Torrington Golf Club	Torrington Golf Club	Clubs & balls provided although welcome to bring your own
9th August	All day drama workshop!	8-12	9.00am-3.00pm	£10.00	DW 2	Rob Pudner	GTS - Please enter via Hatchmoor Road carpark	All day drama workshop!
9th August	Football Coaching	6-9	10.00am-11.00pm	£2.00	FB 1	Ali Bright	GTS Astro Turf Pitch	
9th August	Football Coaching	10-12	12.00pm-1.30pm	£2.50	FB 2	Ali Bright	GTS Astro Turf Pitch	
10th August	Film & Animation	8-14	10.00am-12.00pm	£4.00	FA 9	Mat Biggs	Please enter via Hatchmoor Road car park	Only 12 places available
10th August	Film & Animation	8-14	1.00pm-3.00pm	£4.00	FA 10	Mat Biggs	Please enter via Hatchmoor Road car park	Only 12 places available
10th August	Beginners Trampolining	8-12	9.30am-11.00am	£3.00	Tramp 5	Hazel Golds	Torrington Sports Hall	Only 12 places available
10th August	Trampolining	8-12	11.30am-1.00pm	£3.00	Tramp 6	Hazel Golds	Torrington Sports Hall	Only 12 places available

# GT. TORRINGTON SPORTS COLLEGE

## 01805 623531

DATE	ACTIVITY	AGE	TIME	PRICE	CODE	INSTRUCTOR	MEETING PLACE	OTHER INFORMATION
11th August	Surfing at Westward Ho!		1.15pm-4.45pm	£5.00	Surf 3	North Devon Surf School	GTS Reception	Surf boards, wetsuits & transport will be provided. 16 places available
11th August	Tennis	8-11	10.00am-11.30am	£3.00	T 5	Janine Hearn	GTS Courts	
11th August	Tennis	12-16	12.30pm-2.00pm	£3.00	T 6	Janine Hearn	GTS Courts	
11th August	Pottery	8-12	10.30am-12.30pm	£5.00	POTT 3	Jax Williams	GTS - Please enter via Hatchmoor Road car park	
12th August	Film & Animation	8-14	10.00am-12.00pm	£4.00	FA 11	Mat Biggs	Please enter via Hatchmoor Road car park	Only 12 places available
12th August	Film & Animation	8-14	1.00pm-3.00pm	£4.00	FA 12	Mat Biggs	Please enter via Hatchmoor Road car park	Only 12 places available
12th August	Street Dance	8-11	10.00am-11.30am	£3.00	SD 5	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!
12th August	Street Dance	12-16	12.30pm-2.30pm	£3.00	SD 6	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!
13th August	Beginners Fencing	8-12	9.30am-11.00am	£3.50	FEN 5	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	Only 16 places available
13th August	Intermediate Fencing	8-12	12.00pm-1.30pm	£3.50	FEN 6	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	For those that have already fenced with us before. Only 16 places available
16th August	Bikeability (Cycling road safety training)		9.00am-3.30pm	£5.00 (for whole course!)	B3	Ian Jewell	GTS Reception	Bikes and helmets are provided! Day 1 & 2 must be completed to gain certification!
16th August	Football Coaching	6-9	10.00am-11.00pm	£2.00	FB 3	Ali Bright	GTS Astro Turf Pitch	
16th August	Football Coaching	10-12	12.00pm-1.30pm	£2.50	FB 4	Ali Bright	GTS Astro Turf Pitch	
17th August	Bikeability (Cycling road safety training)		9.00am-3.30pm	£5.00 (for whole course!)	B4	Ian Jewell	GTS Reception	Bikes and helmets are provided! Day 1 & 2 must be completed to gain certification!
17th August	Beginners Fencing	8-12	9.30am-11.00am	£3.50	FEN 7	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	Only 16 places available
17th August	Intermediate Fencing	8-12	12.00pm-1.30pm	£3.50	FEN 8	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	For those that have already fenced with us before. Only 16 places available
18th August	Pottery	8-12	10.30am-12.30pm	£5.00	POTT 4	Jax Williams	GTS - Please enter via Hatchmoor Road car park	
19th August	Street Dance	8-11	10.00am-11.30am	£3.00	SD 7	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!

# GT. TORRINGTON SPORTS COLLEGE

## 01805 623531

DATE	ACTIVITY	AGE	TIME	PRICE	CODE	INSTRUCTOR	MEETING PLACE	OTHER INFORMATION
19th August	Street Dance	12-16	12.30pm-2.30pm	£3.00	SD 8	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!
20th August	Golf Coaching	8-14	3.00pm-5.00pm	£5.00	G 4	Torrington Golf Club	Torrington Golf Club	Clubs & balls provided although welcome to bring your own
20th August	Beginners Trampolineing	8-12	9.30am-11.00am	£3.00	Tramp 7	Hazel Golds	Torrington Sports Hall	Only 12 places available
20th August	Trampolineing	8-12	11.30am-1.00pm	£3.00	Tramp 8	Hazel Golds	Torrington Sports Hall	Only 12 places available
23rd August	Street Dance	8-11	10.00am-11.30am	£3.00	SD 9	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!
23rd August	Street Dance	12-16	12.30pm-2.30pm	£3.00	SD 10	Amy B Sears	GTS Gym/Dance Studio	Please bring a small drink, plastic bottles only!
23rd August	Bikeability (Cycling road safety training)		9.00am-3.30pm	£5.00 (for whole course!)	B5	Ian Jewell	GTS Reception	Bikes and helmets are provided! Day 1 & 2 must be completed to gain certification!
24th August	Bikeability (Cycling road safety training)		9.00am-3.30pm	£5.00 (for whole course!)	B6	Ian Jewell	GTS Reception	Bikes and helmets are provided! Day 1 & 2 must be completed to gain certification!
24th August	Beginners Trampolineing	8-12	9.30am-11.00am	£3.00	Tramp 9	Hazel Golds	Torrington Sports Hall	Only 12 places available
24th August	Trampolineing	8-12	11.30am-1.00pm	£3.00	Tramp 10	Hazel Golds	Torrington Sports Hall	Only 12 places available
25th August	Beginners Fencing	8-12	9.30am-11.00am	£3.50	FEN 9	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	Only 16 places available
25th August	Intermediate Fencing	8-12	12.00pm-1.30pm	£3.50	FEN 10	Mike Rogers (Current Olympic Coach)	GTS Gym/Dance Studio	For those that have already fenced with us before. Only 16 places available
25th August	Pottery	8-12	10.30am-12.30pm	£5.00	POTT 5	Jax Williams	GTS - Please enter via Hatchmoor Road car park	
26th August	Football Coaching	6-9	10.00am-11.00pm	£2.00	FB 5	Ali Bright	GTS Astro Turf Pitch	
26th August	Football Coaching	10-12	12.00pm-1.30pm	£2.50	FB 6	Ali Bright	GTS Astro Turf Pitch	



# HOLSWORTHY COMMUNITY COLLEGE ACTIVITIES - SUMMER HOLIDAY

**JULY 26TH - AUG 4TH**

**Visit: [www.holsworthyactivities.co.uk](http://www.holsworthyactivities.co.uk)**

The activity week is designed to provide boys and girls, between the ages of 7 and 13 the chance to experience a range of sporting activities. None of the activities are designed to be a 'Master Class' but will be both stimulating and challenging for the children. Each activity will be lead by a specialist and the boys and girls will receive guidance rather than supervision.

The week is ideally suited to current students as well as years 3/4/5 & 6 children who will be able to experience a larger school environment with their peers. All brothers and sisters are more than welcome and there is a discount available for 2 or more members of a family.

Activities include:-

FOOTBALL • DANCE (STREET/PERFORMING/CHEERLEADING -YOU NAME IT WE DO IT) • HOCKEY  
CYCLING • RUGBY • SOFTBALL • ULTIMATE FRISBEE • BASKETBALL • DODGEBALL • VOLLEYBALL  
CRICKET • YOUR REQUESTS

*For more information contact Steve Vanstone (School Sport Co-ordinator) via  
email - [svanstone@holsworthycollege.devon.sch.uk](mailto:svanstone@holsworthycollege.devon.sch.uk) or mob - 07811 272971*

## TORRIDGE SPORTS BOOKING FORM

Name of Child.....Age..... D.O.B.....

Parent/Guardian .....

Address .....

..... Postcode .....

Telephone (home).....In an Emergency.....

Medical Condition (if any) .....

Doctor.....

Parent/Guardian Signature.....Date.....

**PLEASE NOTE: REFUNDS CAN NOT BE GIVEN FOR CASH AND CHEQUE PAYMENTS.  
ONLY CREDIT NOTES WILL BE ISSUED IF NOTIFICATION OF NON ATTENDANCE IS  
RECEIVED 48 HOURS PRIOR TO THE COMMENCEMENT OF THE COURSE. PLEASE  
ENSURE THAT AN INDIVIDUAL CHEQUE IS COMPLETED FOR EACH COURSE BOOKING.**

**PLEASE NOTE THAT TDC WILL BE TAKING VIDEO FOOTAGE AND PHOTOGRAPHS OF THE  
ACTIVITIES TO PROMOTE FUTURE SESSIONS VIA, PROGRAMS AND THE INTERNET. IF YOU  
DO NOT WISH FOR YOUR CHILD TO BE PHOTOGRAPHED, PLEASE ENSURE THAT YOU  
INFORM THE CULTURE & LEISURE TEAM BY EMAIL: [james.jarroudi@torridge.gov.uk](mailto:james.jarroudi@torridge.gov.uk)**

Please return to: James Jarroudi, Torridge District Council, Riverbank House, Bideford,  
North Devon, EX39 2QG. FOR FURTHER INFORMATION PLEASE CONTACT:  
JAMES JARROUDI ON 01237 428737/428736.

Course Code/s  
& Dates

£

Cheque Enc.  
Please make cheques  
payable to  
TORRIDGE  
DISTRICT  
COUNCIL  
**PLEASE DO NOT  
SEND CASH**

Another service provided  
by Torridge District  
Council

# PARKWOOD LEISURE BOOKING FORM

Name of Child.....Age..... D.O.B. ....

Full Address .....

.....

Home Telephone No: .....Mobile Phone .....

Please list any medical conditions or medication your child may have on them:

.....

- a) I have read the information about the proposed activity
- b) I authorise the organiser to act on my behalf
- c) I understand Parkwood Leisure will not be liable to him for any loss, injury or damage suffered, other than such as may be caused by negligence of the Parkwood Leisure or their employees.

Signature .....

Relationship to pupil .....Date: .....

Please return to:

Torrington Pool, School Lane, Torrington, North Devon. 01805 623085

Course Code/s  
& Dates

£

Cheque Enc.  
Please make cheques  
payable to  
Parkwood Leisure

PLEASE DO NOT  
SEND CASH

# GT. TORRINGTON SPORTS COLLEGE BOOKING FORM

Name of Child.....Age.....D.O.B. ....

School ..... Parent/Guardian.....

Address .....

.....Postcode.....

Telephone (home)..... In an Emergency .....

Medical Condition (if any).....Doctor.....

Parent/Guardian Signature..... Date .....

- a) I have read the information about the proposed activity
- b) I authorise the organiser to act on my behalf
- c) I understand the County Council will not be liable to him for any loss, injury or damage suffered, other than such as may be caused by negligence of the County Council or their employees.

I give permission for my child to take part in the Summer Programme being held at the Sports College between the 26th July and 27th August 2010

Signature .....

Relationship to pupil ..... Date: .....

Please return booking form to: Adrian Avery, Great Torrington Community School, Calvesford Road, Torrington, Devon EX38 7DJ. (Payment cannot be taken over the phone!): For more information contact: Adrian Avery on 01805 623531 ext 240 during working hours or 07780665378 until Friday 6th August, thereafter, please contact Ali Bright on 01805 623531 ext 240 or 07891951853

Course Code/s  
& Dates

£

Cheque Enc.  
Please make cheques  
payable to  
DEVON  
COUNTY  
COUNCIL

To book a place on  
these courses, please  
return booking form  
ASAP!

# THORNE MANOR HOLIDAY CLUB

'Supporting the Community' – 01409 255444

Come and spend the Easter experiencing and enjoying our woodlands. Get out into the woods and have fun, capture your imagination with all that is on offer from nature trails, bird box making and bear hunts to toasted marshmallows on camp fires and much more wonderful woodland fun!!

- An ideal way to make new friends – we have children attending from Bideford to Bude and Langtree to Launceston
- All children from 5 - 12 yrs welcome
- Set on working farm
- Woodlands to explore and experience
- Find us: Just off A3072 Holsworthy to Bude

## SESSIONS:

- Open Each Day 08.30am - 5.30pm
- 26th July to 27th August 2010
- Sessions to suit your needs
- Only £ 10.00 for a Half Day Session
- Only £ 20.00 for a Whole Day Session

To have some fun... and for further information and booking forms, please contact Angela or Claire on: 01409 255444

Remember if you are working you can claim up to 80% of costs through WFTC



## HOLIDAY CLUB - SUMMER 2010 SUPPORTING THE COMMUNITY

Open Monday - Friday 8.30am - 5.30pm throughout the summer from  
Monday 26th July 2010 - Friday 27th August 2010

Children aged 4 - 12 welcome

### Sessions at GTS:

Monday 26th July - Indoor Climbing - 10.00am - 12.00pm - £2.00

Friday 30th July - Trampolining - 9.30am - 11.00am - £2.00

Friday 3rd August - Film & Animation - 10.00am - 12.00pm - £2.00

Wednesday 4th August - Tennis - 10.00am - 11.30am - £2.00

Monday 9th August - Football Coaching - 10.00am - 12.00pm or 1.00pm - 2.30pm - £2.00

Thursday 12th August - Film & Animation - 10.00am - 12.00pm - £2.00

Wednesday 18th August - Pottery - 12.30pm - 2.30pm - £2.00

Wednesday 25th August - Beginners Fencing - 10.30am - 12.00pm - £2.00

£16.00 per day (£30.00 for 2 siblings) plus only £2.00 for the above activities

Booking forms available from Bluecoat infants, Torrington Junior School or TPF staff  
Book early to avoid disappointment, 50% non-refundable deposit to be paid with booking  
For further details contact Lynn Goodman, project co-ordinator 07939 050605

The Torrington Family Project is an Ofsted Registered Charity with qualified, experienced staff.

Remember if you are working you can claim up to 80% of costs through WFTC

# WIN

You could win a FREE place on an activity of your choice on the Easter 2011 Programme!!

Simply complete and return this questionnaire along with your booking form to be in with a chance!

1. How would you rate the Culture & Leisure Sports Programme Leaflet between 1 and 10; 1 = poor and 10 = excellent .....

2. What would it take to get a 10 .....

3. How would you rate the opportunities on offer .....

4. What would it take to get a 10 .....

Name .....

Address .....



Torridge District Council  
Riverbank House, Bideford, North Devon, EX39 2QG.

FOR FURTHER INFORMATION PLEASE CONTACT:

JAMES JARROUDI ON 01237 428737

OR KELSEY SHORTRIDGE ON 01237 428743